

To: All Members of the Health Liaison Panel

Dear Councillor,

HEALTH LIAISON PANEL - TUESDAY, 11TH JULY, 2023 , Council Chamber - Epsom Town Hall

Please find attached the following document for the meeting of the Health Liaison Panel to be held on Tuesday, 11th July, 2023.

3. **ACTION FOR CARERS - 'THE LOCAL PICTURE AND THE VALUE OF CARERS' UPDATE – PRESENTATION SLIDES** (Pages 3 - 22)

For further information, please contact democraticservices@epsom-ewell.gov.uk or tel: 01372 732000

Yours sincerely

A handwritten signature in black ink, appearing to read "Sing".

Chief Executive

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Health Liaison Panel

11th July 2023



Who are carers?

A carer is anyone who cares, unpaid, for a friend or family member who, due to illness, disability, a mental health problem or an addiction, cannot cope without their support.

History



31 Years
April 2023



CARER LED



ACS Vision

**“That every unpaid Carer in Surrey is heard,
valued and supported”**

ACS Mission

Action for Carers Surrey commits to:

- Being a Carer led organisation & putting unpaid Carers first
- Delivering high quality & innovative services
- Improving unpaid Carers' wellbeing
- Amplifying the voice of unpaid Carers to influence change
- Supporting unpaid Carers to understand their rights and choices
- Collaborating with professionals and partners to encourage best practice
- Promoting awareness of unpaid Carers & their value in society

Why are carers important?

Nationally > 6m carers
saving Health & Social Care
£132 billion per annum

= **NHS** + £10 billion



Why are carers important?



Provide emotional
support



Provide
personal
support



Provide practical
support

Why are carers important?



Reduce
admissions to
hospitals



Reduce
admissions to
residential care



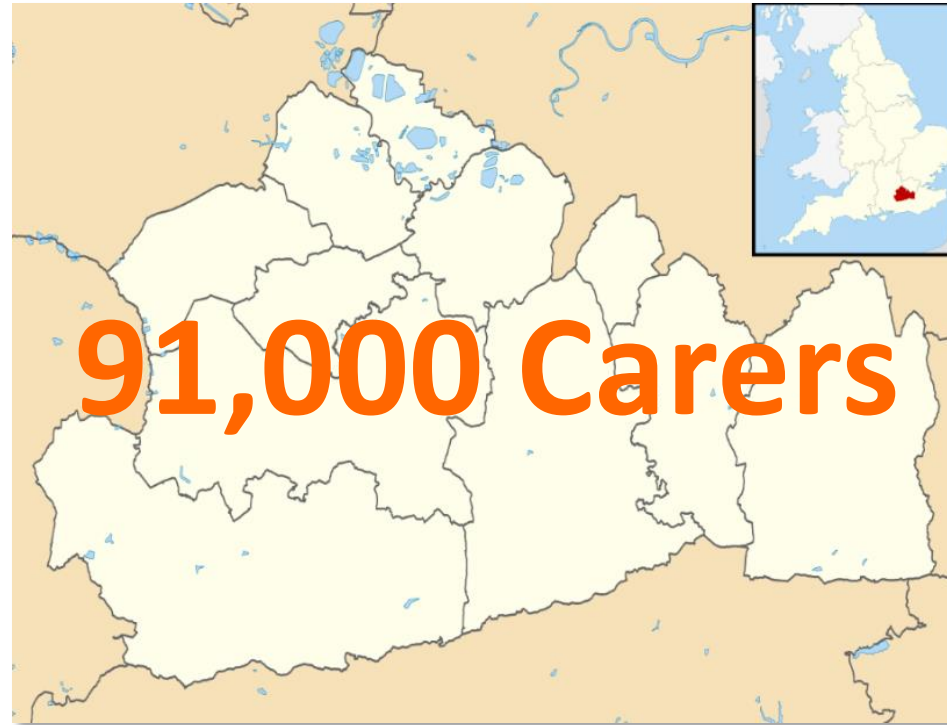
Enable people to remain
in their own homes

The impact of caring



8/10

Local Caring Landscape



Local Caring Landscape



1,754 Adult Carers
267 Young Carers



2,039 Adult Carers
373 Young Carers

Totals

6,355 Adult Carers
1,319 Young Carers



2,562 Adult Carers
679 Young Carers



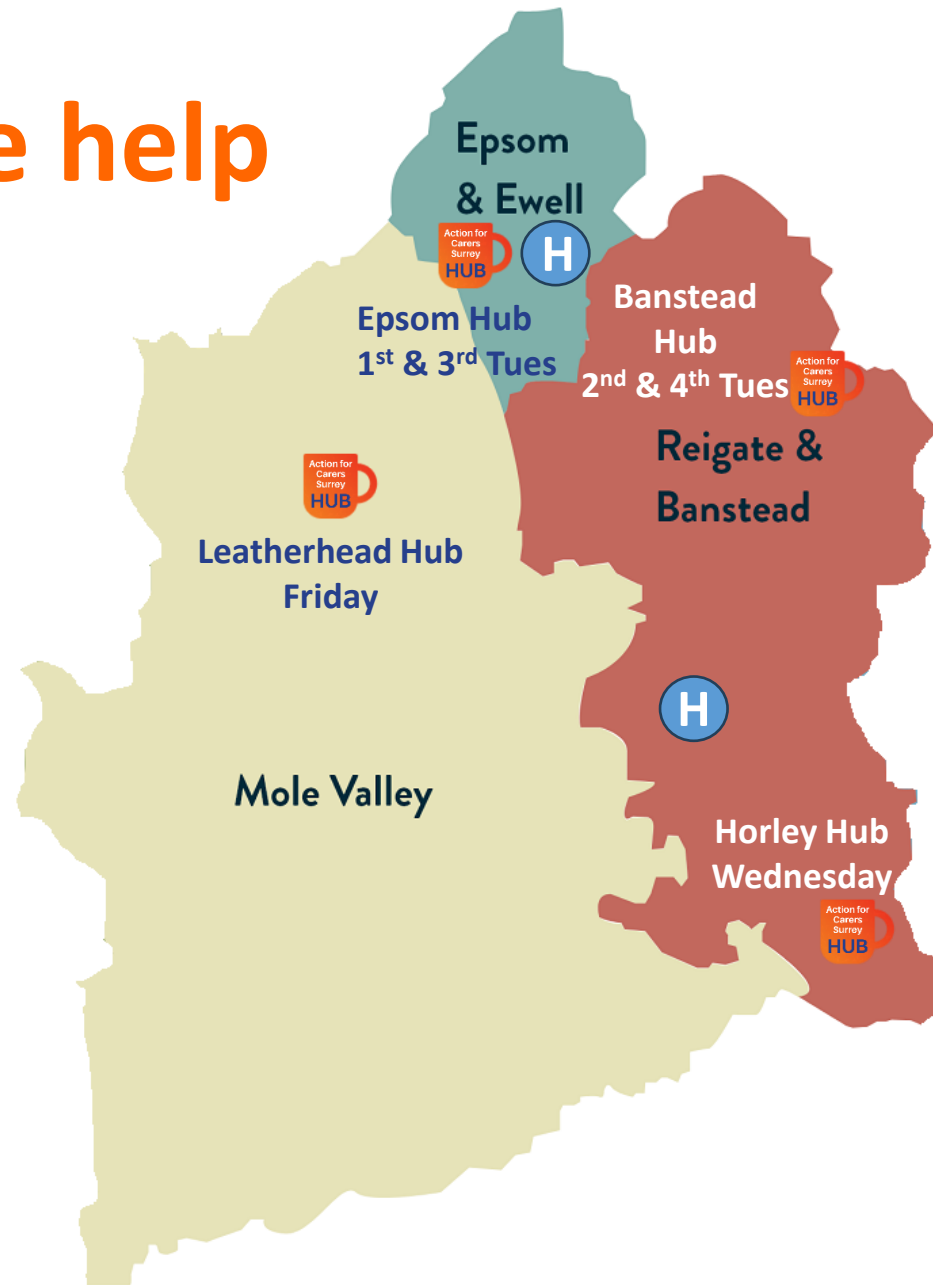
How we help – adult carers

- Face-to-face and telephone support for information, advice and signposting
- Drop in 'Hubs' across the county where carers can come for help and support
- A wide range of events (on Zoom and face to face), from learning, training and information, to wellbeing and relaxation, giving time out from caring
- Support Groups, both online and face to face, with groups for all carers, plus some specialist groups too, e.g. parent carers or dementia carers
- Benefits advice on what you might be entitled to as an unpaid carer
- A dedicated Moving & Handling team, giving advice and training on helping to move someone safely, and use equipment
- Carer Advisors to in Surrey's main hospitals
- Advocacy and information carers' rights
- A wealth of free resources, including regular newsletters, booklets, email updates and www.actionforcarers.org.uk



“Action for Carers isn’t what I want to keep well, it’s what I need.”

How we help



How we help – younger carers

Our Surrey Young Carers team gives free support to young carers aged between 5 and 17.

- We run drop-ins, forums, activities and groups and give these vulnerable young people support, information, and crucially time out from their caring role.
- We also help Surrey's schools identify and support young carers.
- We also run some specialist events, and have targeted information, for young adult carers aged 18-25, who face unique challenges as they look to move on with their lives.



“Today was a turning point for my daughter. She spent time without me, with new people, experiencing something she loves, and was animated. I’m not sure I can describe my gratitude. Thank you.”

FUNDING



92%

Campaigning/GCaV



Giving Carers a Voice



Partnerships



Waitrose



Historic
Royal Palaces



DWT

DAVID WILLIAMSON TRUST



Thank you

Q&A

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